

## Outside Agency Directory

The following directory of agencies and support for parents/carers, staff supporting pupils and pupils themselves. Some of the resources and support available are age-limited and this should be checked prior to sharing information with families, pupils or making direct contact with the agency themselves.

This has been grouped into sections to help locate the most appropriate or helpful support. This list is not exhaustive, appropriate additions are welcomed and it will be updated at regular points throughout the year.

Focus of Support	Agency	Offer	Contact
<b>Support for young people with Autism</b>	<b>Spectrum</b>	<p>Spectrum work across East Sussex to support young people with autism to independently access their community.</p> <p>Support to manage everyday activities such as travelling via public transport, and attending personal appointments or accessing recreational clubs and social activities</p> <p>Skills based training and one to one outreach, 6 sessions life skills award</p> <p>No diagnosis needed.</p>	<p>Tel: 01323 762024</p> <p>Email: <a href="mailto:Spectrum@eastsussex.gov.uk">Spectrum@eastsussex.gov.uk</a></p> <p>Website: <a href="http://www.eastsussex.gov.uk/spectrum">www.eastsussex.gov.uk/spectrum</a> (referrals can be made via this website)</p> <p>Facebook: <a href="http://www.facebook.com/spectrumautismsupport">www.facebook.com/spectrumautismsupport</a></p>
	<b>Communication, Learning and Autism Support Service (CLASS)</b>	<p>Accessed through iSEND and work with teachers to develop their practice in the areas of speech, language and communication needs including Autism</p> <p>1:1 work from a practitioner offered, including work with the young person directly, as well as small group work interventions on an identified need (e.g. social skills groups)</p> <p>CLASS offers a package of core support to secondary schools to build capacity within the school to successfully support students with additional communication and learning needs.</p> <p>No diagnosis required</p>	<p>Tel: 01273 336887</p> <p>Email: <a href="mailto:class@eastsussex.gov.uk">class@eastsussex.gov.uk</a></p>
	<b>CLASS Plus (CLASS+)</b>	<p>Class + works across East Sussex to support families/ carers of young people on the autism spectrum</p> <p>Class + aims to enable the families/ carers to build their understanding of the</p>	<p>Email: <a href="mailto:class@eastsussex.gov.uk">class@eastsussex.gov.uk</a></p> <p>Facebook: <a href="http://www.facebook.com/CLASSPlusEastSussex">www.facebook.com/CLASSPlusEastSussex</a></p>

		strengths and challenges faced by children and young people on the spectrum, thereby developing greater confidence to support them.	
	<b>CASS Counselling &amp; Autism Spectrum Support</b>	<p>CASS is a counselling support service predominantly for those on the Autism Spectrum and their care givers.</p> <p>Additional to counselling, CASS also offer mentoring/ befriending with a mentor, which is more about buddying-up, not fixing anything as such. This is a great way for people on the spectrum to socialise and learn new skills in a safe and supported environment, increasing their confidence.</p>	<p>Tel: 07769 218986</p> <p>Website: <a href="http://www.casscounselling.co.uk">www.casscounselling.co.uk</a></p> <p>Email: <a href="mailto:admin@casscounselling.co.uk">admin@casscounselling.co.uk</a></p>
	<b>Amaze SENDIASS (Special Educational Needs and Disability Information, Advice and Support Service)</b>	<p>Independent advice and support for parents and carers of children and young people with SEND</p> <p>Young people 16-25 can also get advice</p>	<p>Tel: 01273 772289 Monday – Friday 9.30-5.00pm</p> <p>Website:<a href="http://amazesussex.org.uk">amazesussex.org.uk</a></p> <p>Email: <a href="mailto:sendiass@amazesussex.org.uk">sendiass@amazesussex.org.uk</a></p>